

Optical Fiber Cables

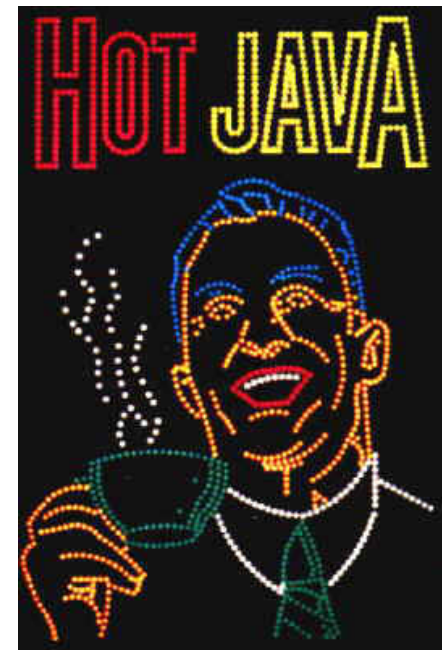
Edward Mutafungwa
Communications Laboratory, Helsinki University of
Technology, P. O. Box 2300,
FIN-02015 HUT, Finland
Tel: +358 9 451 2318, E-mail:
edward.mutafungwa@hut.fi

Lecture Outline

- ❑ Introduction
 - ❑ Classification
 - ❑ Fabrication
 - ❑ Packaging
- ❑ Fiber Impairments
- ❑ Fiber-Optic Communications
 - ❑ Point-to-Point
 - ❑ Networks
- ❑ Specialty Fibers
- ❑ Discussions

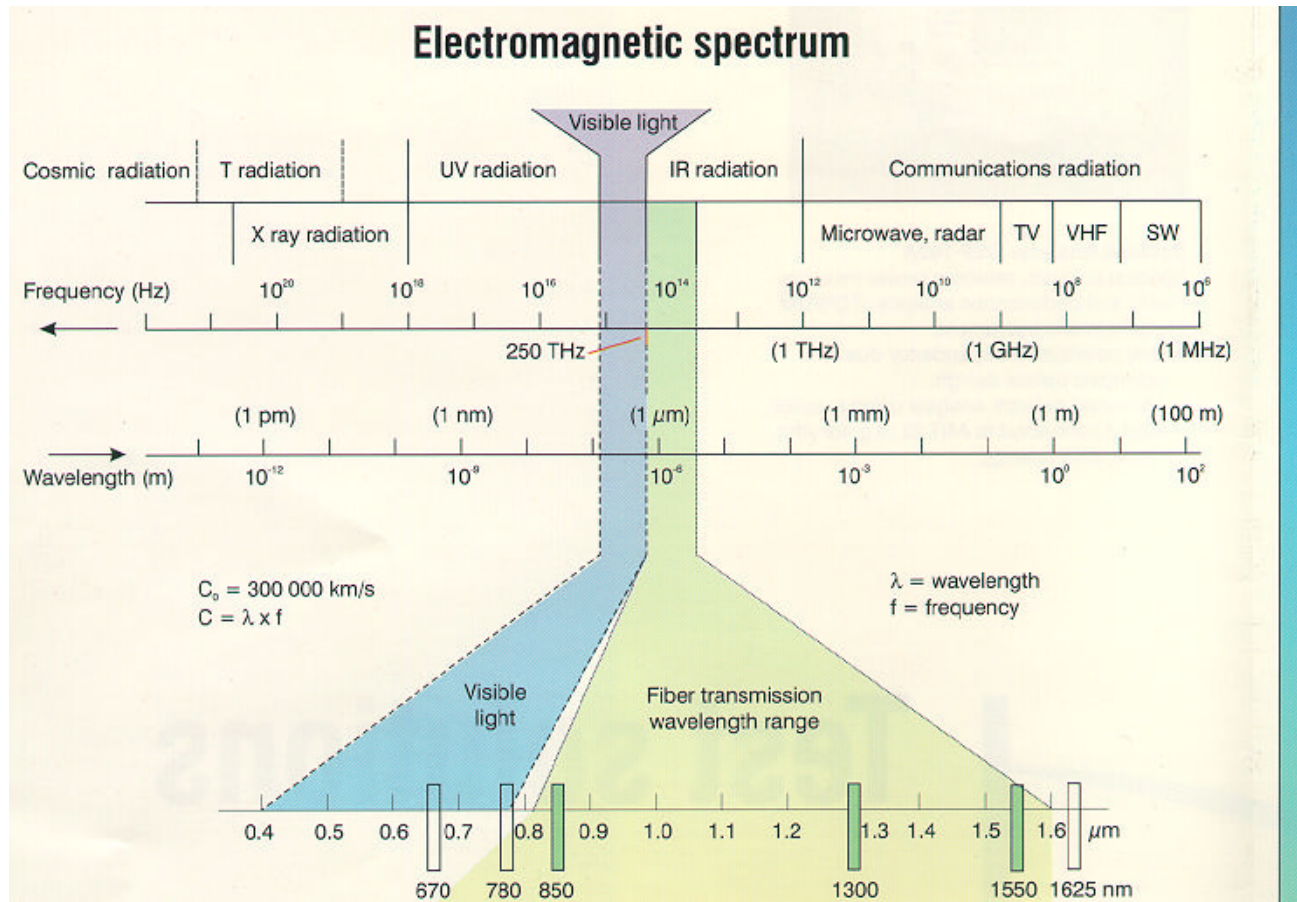
1. Introduction

- ❑ Fibers are waveguides for transporting **light** (beams) signals
- ❑ Application in a wide range of fields
 - ❑ **Voice, visual & data Communications**
 - ❑ **Remote Sensing**
 - ❑ Detecting, measuring & characterizing electromagnetic (EM) energy coming from distant objects
 - ❑ Geologic, agriculture, land use, meteorology etc.
 - ❑ This EM maybe collected and transported on fibers
 - ❑ **Fiber-optic displays** (e.g. speed-limit signs on motorways)
 - ❑ Cheaper to operate than neon lights
 - ❑ No annoying flickering or buzz noise (no interference from other EM sources)
 - ❑ Safe and withstands extreme weather conditions



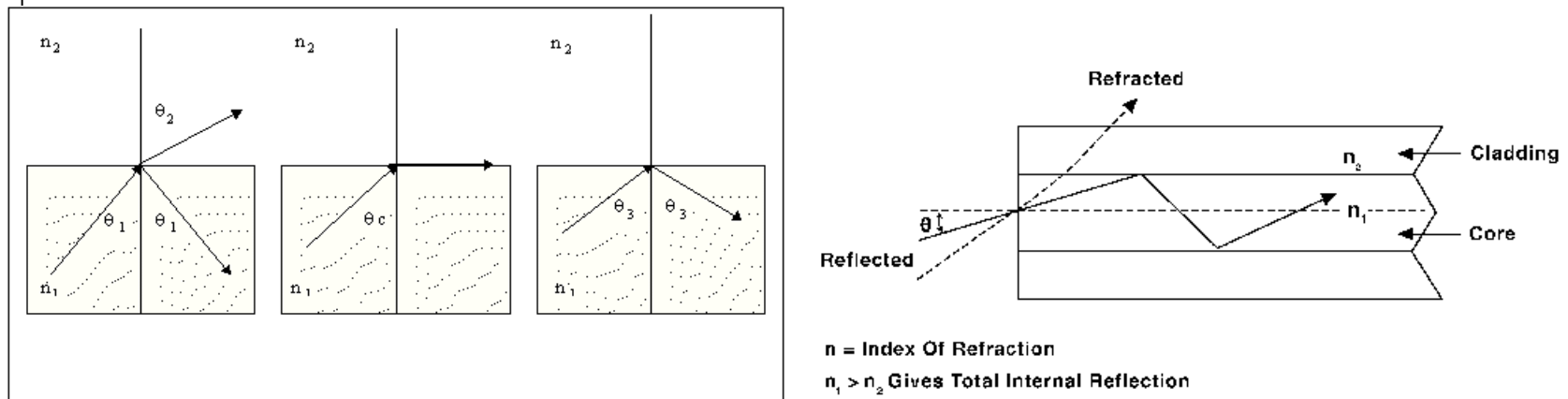
1. Introduction

- ❑ Signals transmitted on fibers are within the infrared region of the EM spectrum



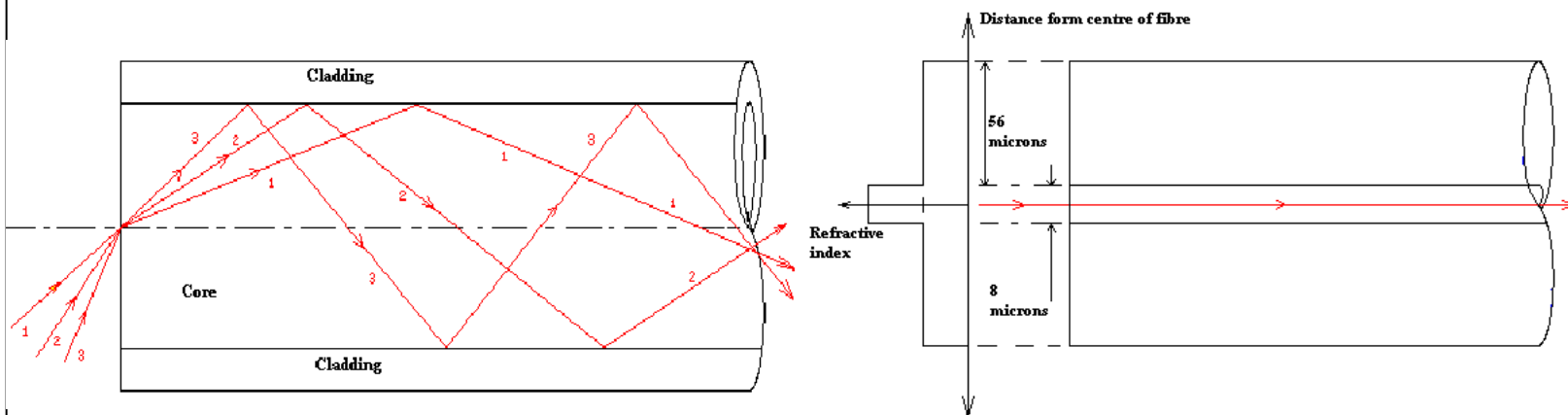
1. Introduction

- ❑ An optical fiber consists of two different types of highly pure, solid glass:
 - ❑ core
 - ❑ cladding
- ❑ Lightwaves are guided to the other end of the fiber by being reflected within the core (**total internal reflection**)
- ❑ The refractive index of the core is higher than the cladding
- ❑ In this way, the fiber core acts as a waveguide for the transmitted light by



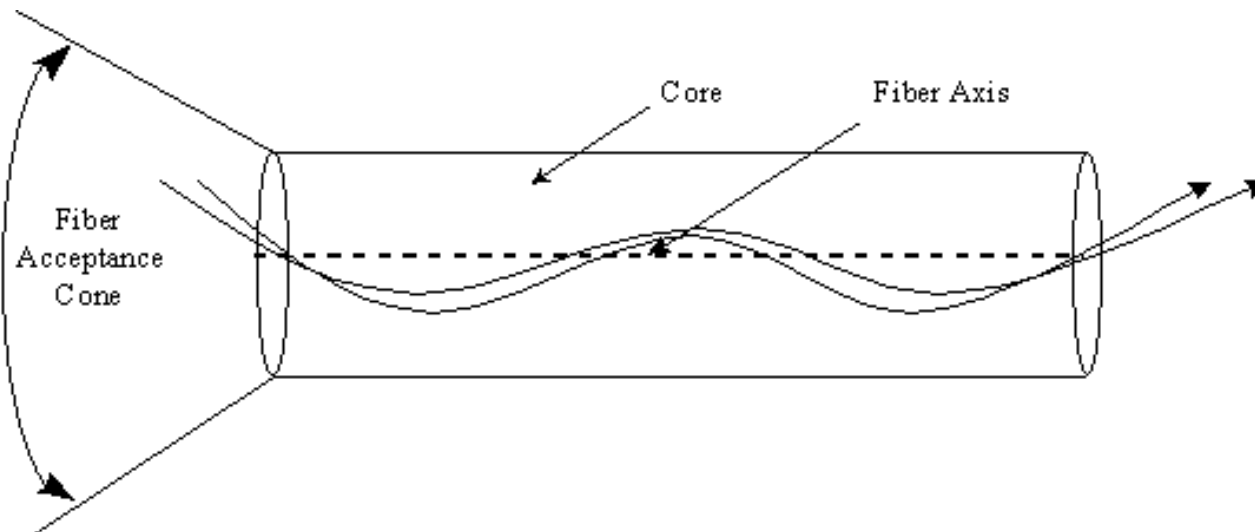
1.1 Fiber Types

- ❑ There are two main fiber types:
 - ❑ **Step index (multimode, single mode)**
 - ❑ Step index fiber is so called because the refractive index of the fiber "steps" up as we move from the cladding to the core of the fiber
 - ❑ Certain ray directions can actually travel down the fiber. These are called the "Fiber Mode"
 - ❑ In a multimode fiber many different modes are supported by the fiber. This is shown in the diagram below
 - ❑ Because its core is so narrow **Single Mode Fiber (SMF)** can support only one mode. This is called the "Lowest Order Mode"



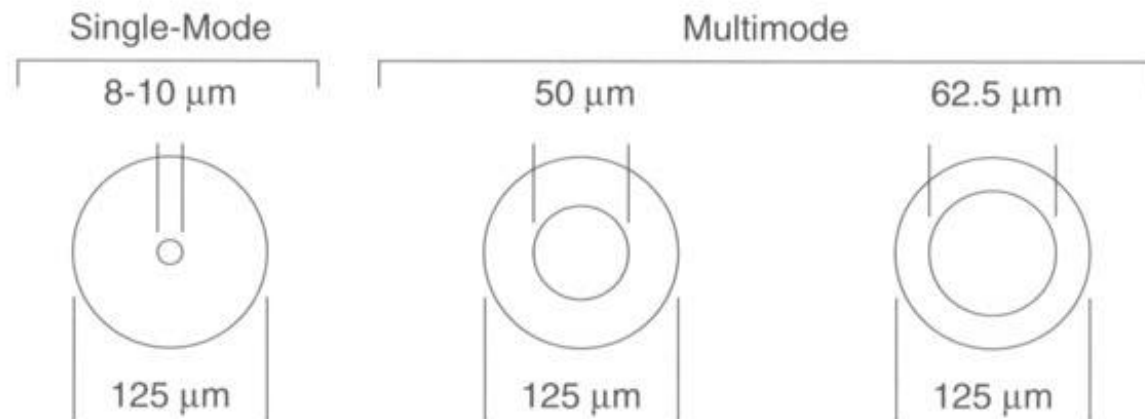
1.1 Fiber Types

- ❑ **Graded index (multimode)**
 - ❑ Has a different core structure from single mode and multimode fiber
 - ❑ In a graded index fiber the **value of the refractive index changes from the centre of the core onwards** (also called a Quadratic Profile)
 - ❑ The refractive index of the core is proportional to the square of the distance from the centre of the fiber
 - ❑ No cladding
 - ❑ Is actually **a multimode fiber** because it can support more than one fiber mode
 - ❑ The gradient in the refractive index **gradually bends the rays back towards the axis**



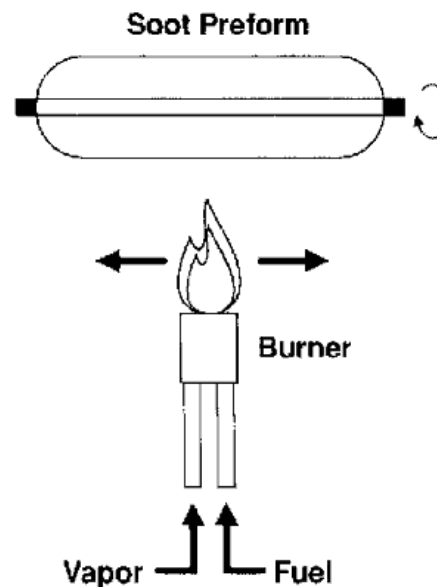
1.1 Fiber Types

- ❑ The international standard for the cladding diameter of optical fibers is **125 microns (μm)**
 - ❑ This **compatibility** is important in that it allows fibers to fit into standard connectors and splices
- ❑ The differences among fibers lie in their **core sizes**
 - ❑ Standard Singlemode fibers are manufactured with the smallest core size, approximately 8-10 μm in diameter
 - ❑ For multimode fibers, the most widely used sizes are 50 μm and 62.5 μm .
 - ❑ Larger core sizes are easier to couple and interconnect.



1.2 Fabrication

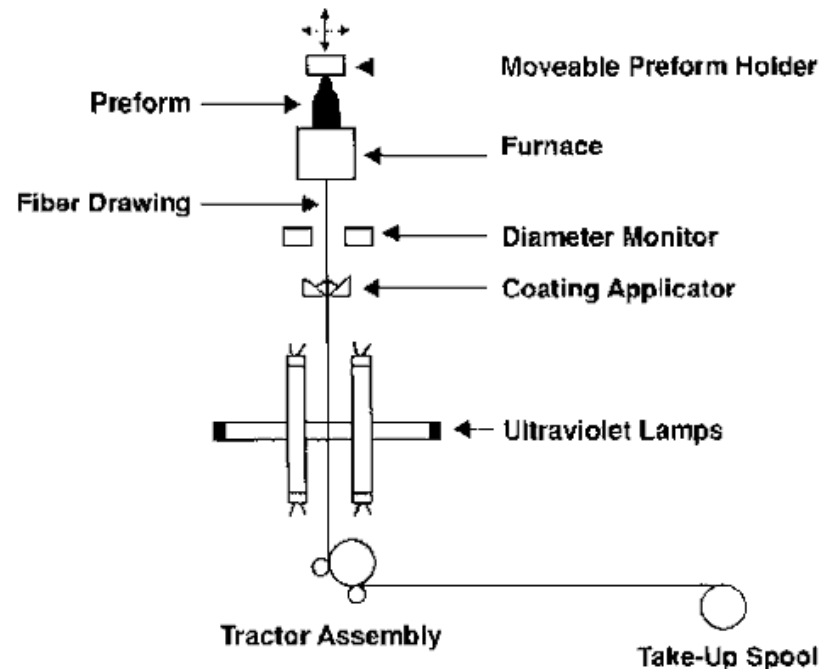
- ❑ Optical fiber manufacturing consists of three primary steps: **laydown**, **consolidation**, and **draw**
- ❑ In the laydown step
 - ❑ A **soot preform** is made from ultrapure vapors as they travel through a traversing burner and react in the flame to form fine soot particles of silica and germania
 - ❑ These particles are deposited on the surface of a rotating target rod.
 - ❑ The core material is deposited first, followed by the pure silica cladding.



1.2 Fabrication

❑ Consolidation Step

- ❑ When deposition is complete, the target rod is removed from the center of the porous preform, and the preform is placed into a **consolidation furnace**
- ❑ The **water vapor is removed** from the preform
- ❑ This high-temperature consolidation step sinters the preform into a solid, dense, and transparent glass.

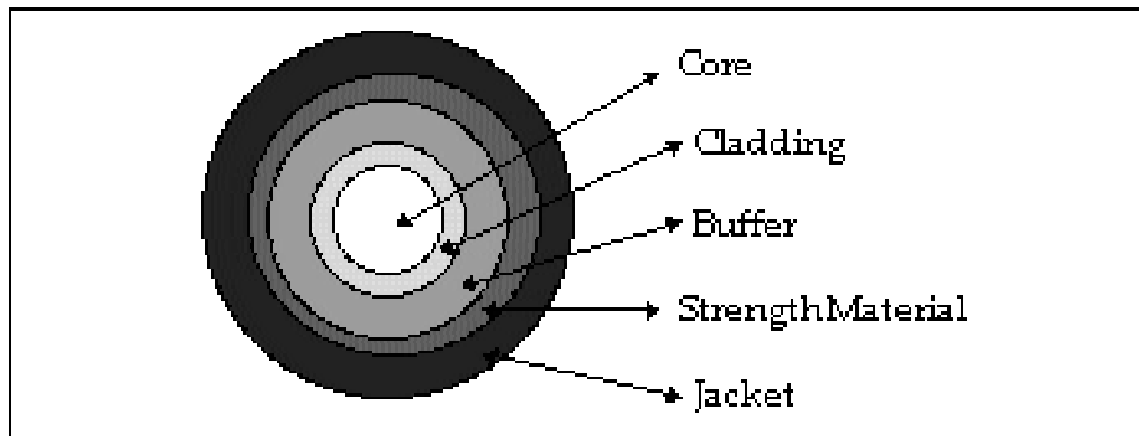


1.2 Fabrication

- ❑ The finished glass preform is placed in a draw tower and drawn into a **continuous strand** of glass fiber
- ❑ Fiber on these spools is
 - ❑ proof-tested to **ensure the strength** of each fiber,
 - ❑ cut to length,
 - ❑ and measured for performance of **relevant optical and geometrical** parameters

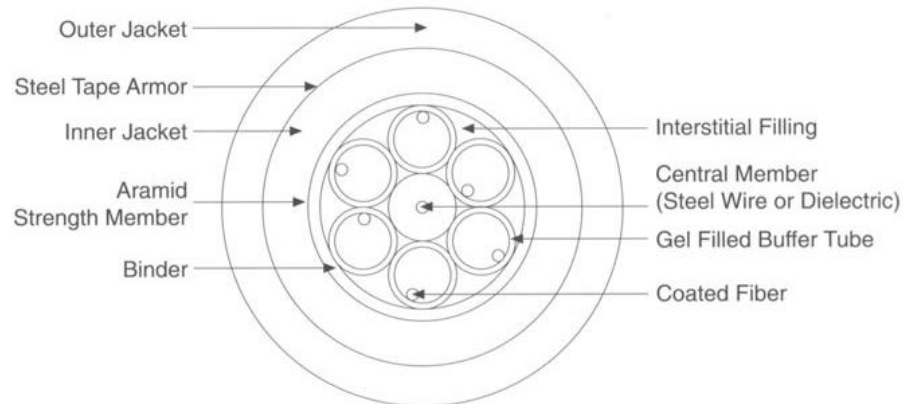
1.3 Cable Packaging

- ❑ There are generally five elements that make up the construction of a fiber-optic strand or cable:
 - ❑ The core ⇒ the optic core is the **light carrying** element at the center of the optical fiber, commonly made from a combination of silica and germania
 - ❑ Optic cladding ⇒ made of pure silica
 - ❑ Buffer material ⇒ used to help **shield the core and cladding** from damage
 - ❑ Strength material ⇒ **preventing stretch problems** when the fiber cable is being pulled
 - ❑ Outer jacket ⇒ **protect** against abrasion, solvents, and other contaminants.



1.3 Cable Packaging

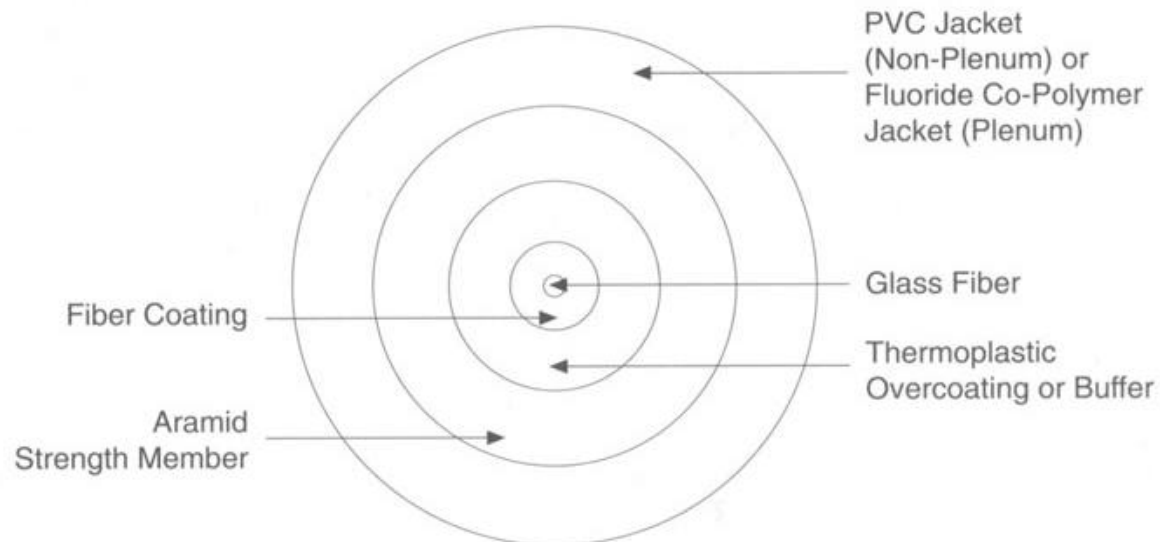
- ❑ Loose-tube cable,
 - ❑ used in the majority of **outside-plant installations**
 - ❑ Typically holds up to **12 fibers per buffer tube** with a maximum per cable fiber count of more than 200 fibers.
 - ❑ Modular buffer-tube design permits **easy drop-off** of groups of fibers at intermediate points, **without interfering** with other protected buffer tubes being routed to other locations.
 - ❑ Design also helps in the **identification and administration of fibers** in the system.



Loose-Tube Cable

1.3 Cable Packaging

- Tight-tube cables
 - Primarily used **inside buildings**
 - **Multi-fiber**, tight-buffered cables often are used for intra-building and risers



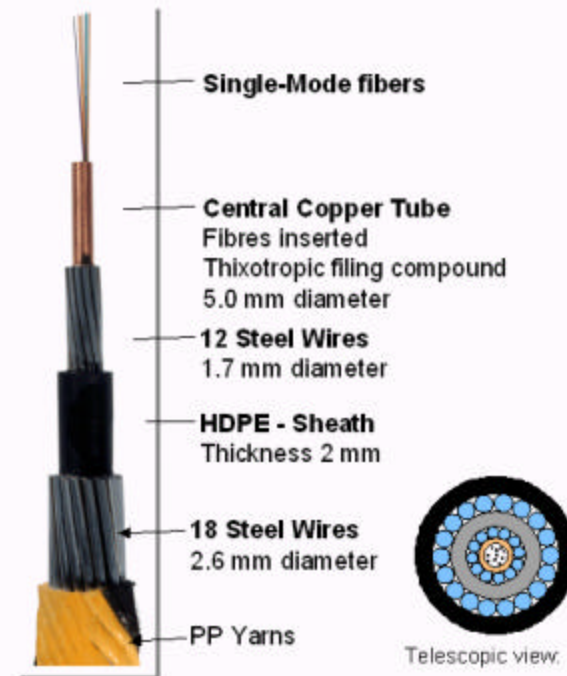
Tight-Buffered Cable

1.3 Cable Packaging

- ❑ **Tactical (military) cables** utilizes a tight buffer configuration in an all dielectric construction.
 - ❑ Tight buffer design offers increased ruggedness, ease of handling and connectorization.
 - ❑ Absence of metallic components
 - ❑ decreases the possibility of detection by enemies
 - ❑ minimizes system problems associated with electromagnetic interference.

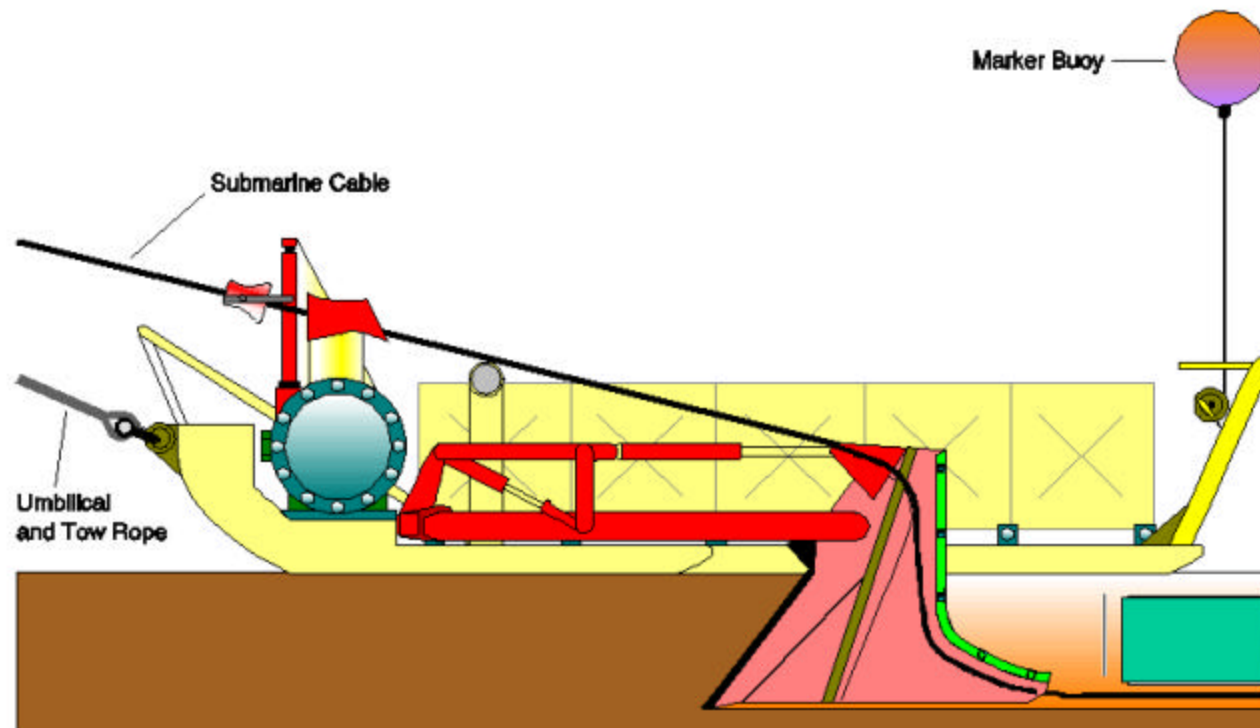
1.3 Cable Packaging

- ❑ **Submarine (undersea) cables** are more costly (20 \$ per metre-4 fibers)
 - ❑ Terrestrial cables (16-fiber tight-tube cables is 4 \$ per metre)
 - ❑ More expensive to repair, therefore **robustly designed**
 - ❑ Tough light-weight single armoured cable for most routes
 - ❑ Heavier (> 500 kg/km) double-armoured cables for near shores/coasts



1.3 Cable Packaging

- ❑ Submarine cables laid by a ship towing a **submarine cable plough**
 - ❑ The plough digs the seabed **2 metres deep** throughout the route
 - ❑ Laying of the cable is done simultaneously

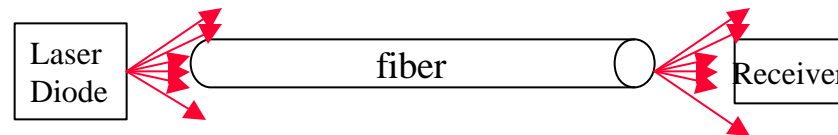


2. Fiber Impairments

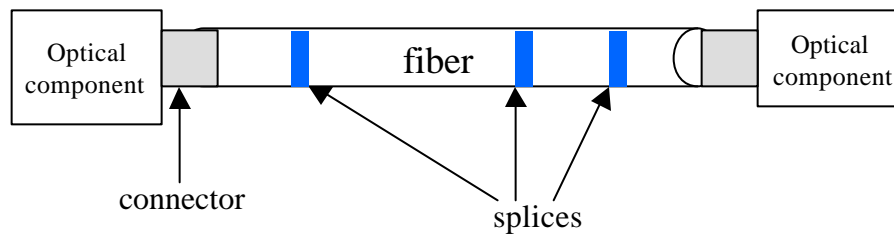
- ❑ Fiber waveguides exhibit three properties that cause impairment of a in communications
 - ❑ fiber attenuation
 - ❑ fiber dispersion
 - ❑ fiber nonlinear effects

2.1 fiber Attenuation

- ❑ Signal transmitted over fiber link has its power reduced by
 - ❑ Loss in transferring light from source-to-fiber and fiber-to-receiver



- ❑ Connector (typically 0.5 dB) and splice losses (around 0.1 dB)



2.1 fiber Attenuation

- fiber loss, with attenuation coefficient being

$$a(\text{dB/km}) = -\frac{10}{L} \log_{10} \left(\frac{P_{out}}{P_{in}} \right)$$

where L is fiber length

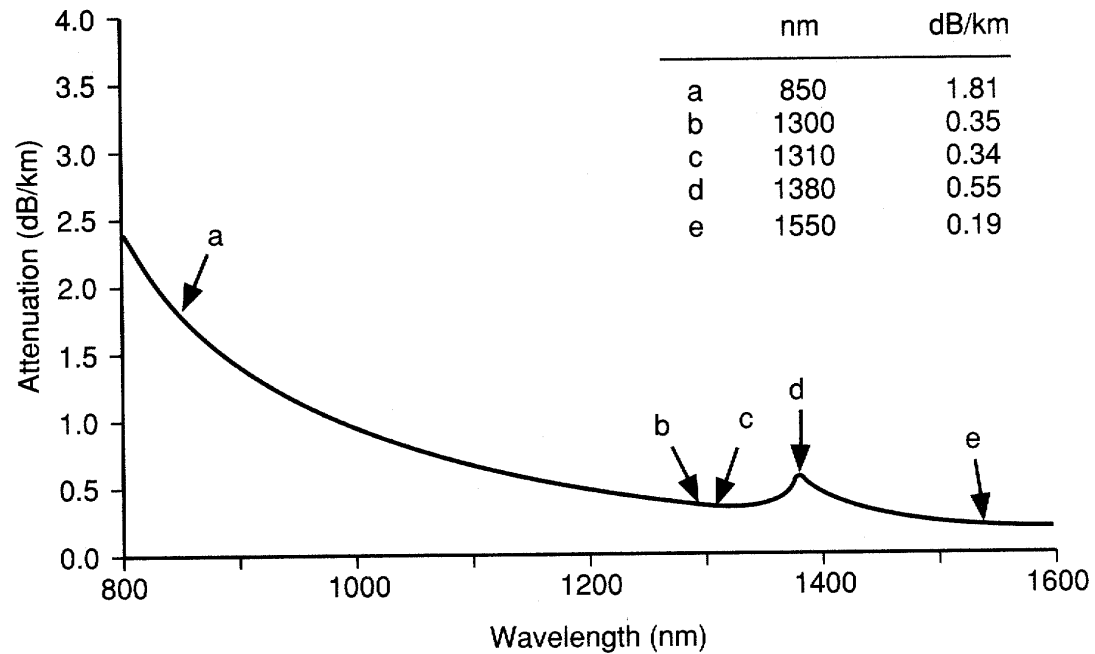


Fig. Attenuation characteristics of a standard single-mode fibers (SMF)

2.1 fiber Attenuation

- ❑ Improvements in attenuation at 1.4 μm obtained by removing OH^- ions
 - ❑ Example is Lucent's AllWave fiber
- ❑ This provide a transmission window of over 200 nm

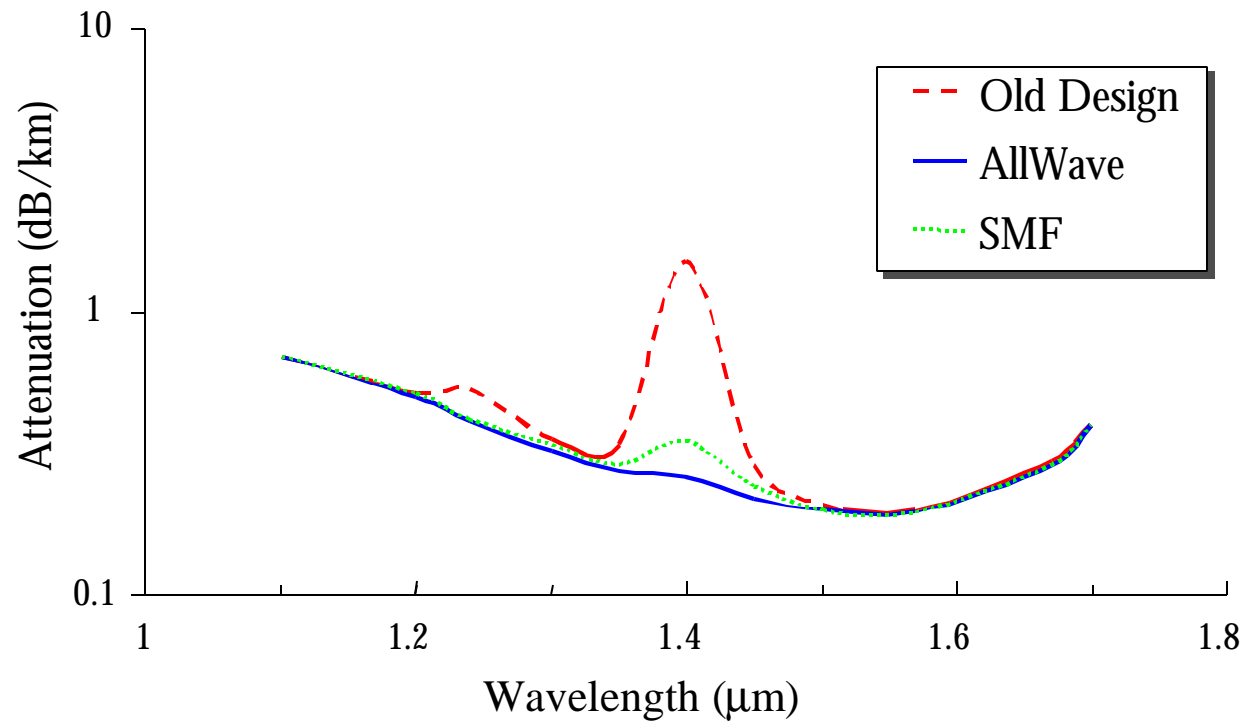


Fig. Singlemode fiber attenuation improvements

2.2 Dispersion

- ❑ Dispersion causes pulse smearing (hence **intersymbol interference**)
- ❑ **Chromatic dispersion** is the most damaging mechanism, consists of
 - ❑ **Waveguide dispersion** \Rightarrow Wavelength-dependent power distribution between core and cladding
 - ❑ **Material dispersion** \Rightarrow Index of refraction is dependent upon wavelength, therefore different wavelengths will travel down an optical fiber at different velocities

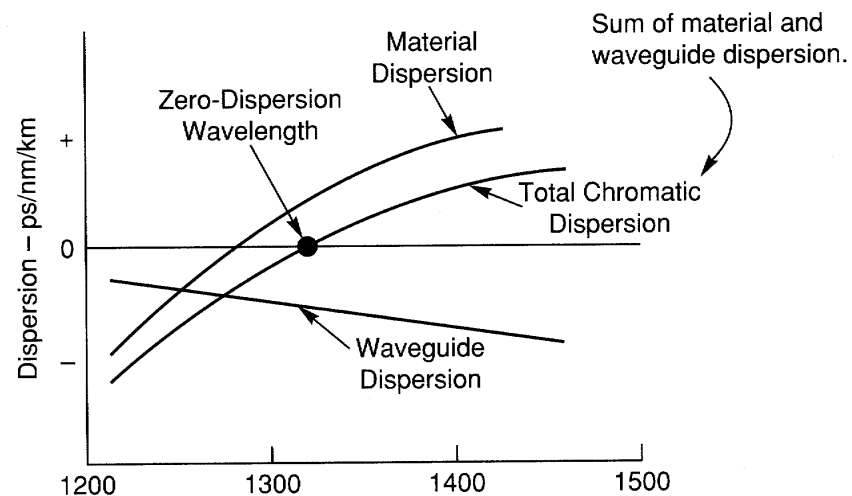
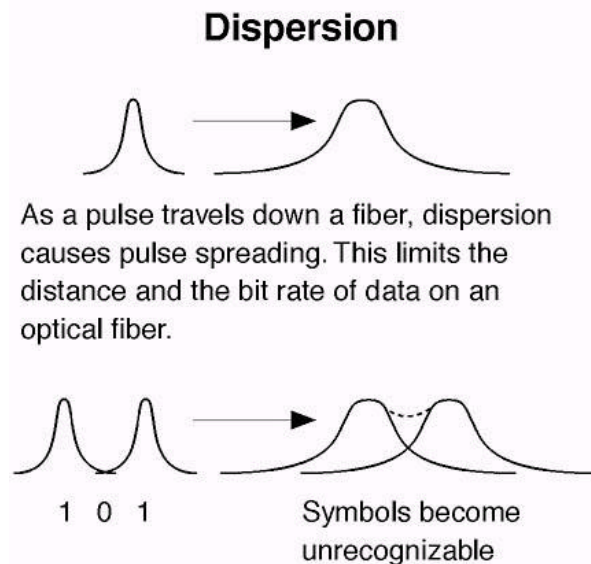


Fig. Chromatic dispersion in standard single-mode fibers

2.2 Dispersion

- Others include
 - modal dispersion** : significant only for multimode fibers.
 - polarization mode dispersion (PMD)**: only significant for very long distance fiber links

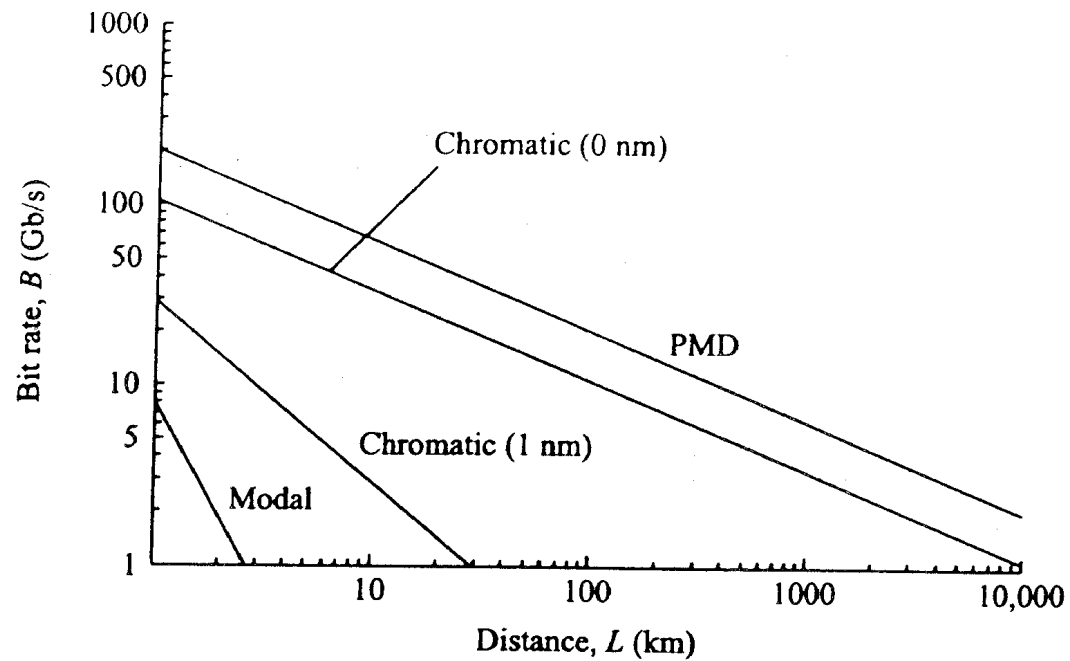


Fig. Distance and bit rate limits due to dispersion. Source spectral widths of 0 and 1 nm considered for chromatic dispersion

2.2 Dispersion

- Dispersion reduction solutions
 - Using **dispersion shifted fiber** (DSF) with the design altered to shift the zero dispersion wavelength to 1550nm
 - Using **dispersion compensating fiber** (DCF) with a negative dispersion slope at each amplifier location

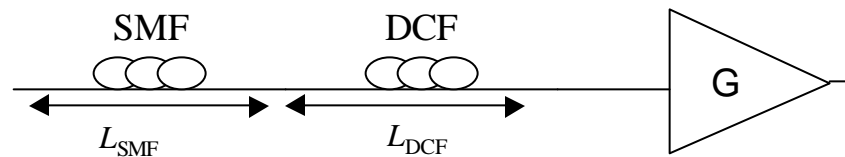


Fig. Dispersion Compensation using DCF

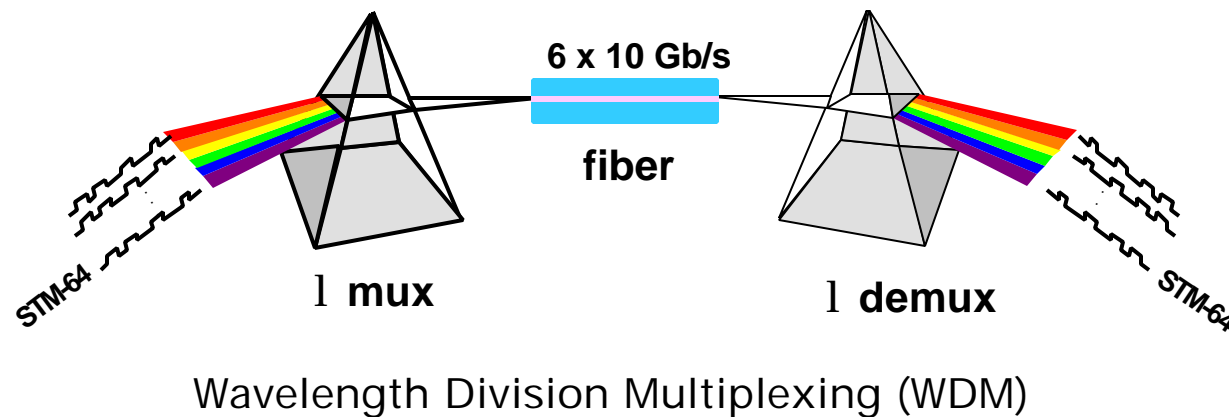
$$L_{DCF} = \frac{L_{SMF} \cdot D_{SMF}}{|-D_{DCF}|}$$

$$G = L_{SMF} \cdot a_{SMF} + L_{DCF} \cdot a_{DCF}$$

Where D_{SMF} and D_{DCF} are the dispersion coefficient of the SMF and DCF fibers

2.2 Dispersion

- ❑ Wavelength-division multiplexing (WDM) is basically a multiplexing technique in the optical domain
 - ❑ Enables **the combination of a number of wavelength channels** (or optical frequencies) onto **a single fiber link**,
- ❑ It is essentially frequency division multiplexing (FDM) at optical carrier frequencies (~ hundreds of THz),



2.2 Dispersion

- ❑ Dispersion **varies for each channel**
 - ❑ In WDM (multi-channel) systems, its difficult to compensate all channels using a common DCF
 - ❑ Alternative would be to demultiplex and perform compensation for each channel individually

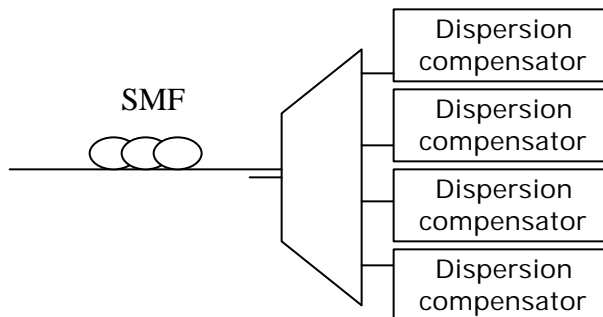


Fig. Dispersion compensation of WDM systems

2.3 Fiber Nonlinearities

- ❑ With increased optical power levels, fibers exhibit nonlinear effects due to scattering effects and refractive index variation of fiber medium
- ❑ This nonlinear behaviour of fibers can place some limitations on communication system design
- ❑ The nonlinear effects include
 - ❑ Stimulated Brillouin Scattering (SBS)
 - ❑ Stimulated Raman Scattering (SRS)
 - ❑ Four Wave Mixing (FWM)
 - ❑ Self-Phase Modulation (SPM)
 - ❑ Cross-Phase Modulation (CPM)
- ❑ SBS, SRS and FWM effects provide gain to some channels at the expense of depleting power from some other channels
- ❑ The longer the link length the more the interactions and the worse the effects of nonlinearities

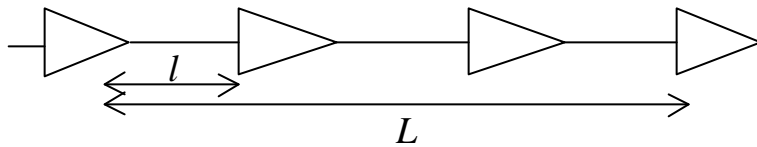
2.3 Fiber Nonlinearities

- To model the effects of nonlinearities a model is used that assumes the power is constant over a certain "effective length" L_e

$$L_e = \frac{1 - e^{-\alpha L}}{\alpha}$$

where α is the attenuation coefficient and L is the actual link length

- In amplified systems, effective length is sum of effective length of each span



$$L_e = \frac{1 - e^{-\alpha L}}{\alpha} \frac{L}{l}$$

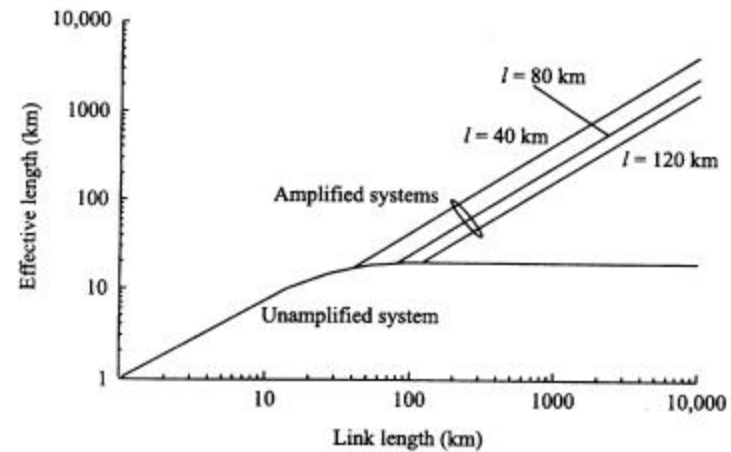


Fig. Effective transmission length as a function of link length

2.3 Fiber Nonlinearities

- Similarly, since power is not uniformly distributed in cross-section of a fiber, we use **effective cross-sectional area** A_e
 - This is related to cross-section intensity distribution $I(r, \theta)$

$$A_e = \frac{\left[\int \int_{r, q} r dr d\mathbf{q} I(r, \mathbf{q}) \right]^2}{\int \int_{r, q} r dr d\mathbf{q} I^2(r, \mathbf{q})}$$

where r and \mathbf{q} are the polar co-ordinates

- The power level at which the effects of nonlinearity becomes significant is known as the **threshold power**
 - One should transmit signal below threshold power

2.3.1 Stimulated Brillouin Scattering

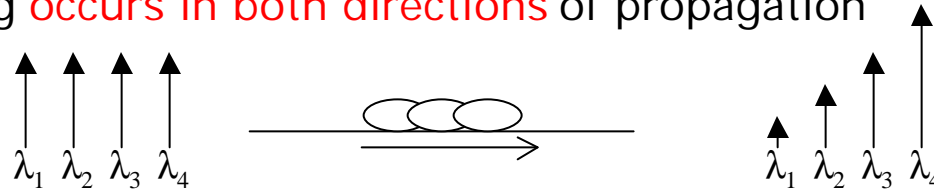
- ❑ SBS doesn't cause interaction for channel spacing $\gg 20$ MHz
- ❑ Distorts signal by producing **backwards gain** (towards source)
- ❑ The SBS is characterised by a approximate gain coefficient $g_B = 4 \times 10^{-11}$ m/W at all wavelengths
- ❑ Assuming a narrow source linewidth, the threshold power due to SBS is

$$P_{th} = \frac{21bA_e}{g_B L_e}$$

where b is a polarisation dependent constant lying between 1 and 2 depending

2.3.2 Stimulated Raman Scattering

- ❑ SRS causes power to be transferred from lower to higher wavelength channels
 - ❑ Its characteristic gain coefficient is dependent on wavelength spacing ($\Delta\lambda_s$)
 - ❑ Peak at 1.55 μ m is $g_R=6 \times 10^{-14}$ m/W
- ❑ Coupling occurs in both directions of propagation



- ❑ For a system of W equally spaced wavelength channels, the power coupled from channel 0 to other channels is

$$P_0 = \sum_{i=1}^{W-1} P_0(i) = \frac{g_R \Delta I_s P L_e}{2 \Delta I_c A_e} \frac{W(W-1)}{2}$$

where $\Delta\lambda_c$ is the Raman gain bandwidth (between 80 and 120 nm)

2.3.2 Stimulated Raman Scattering

- Assuming that there is only **negligible dispersion** in the system, the threshold power is

$$P_{th} = \frac{4 \cdot 10^4}{L_e (W - 1) \Delta I_s}$$

- With dispersion the threshold power is **doubled!**

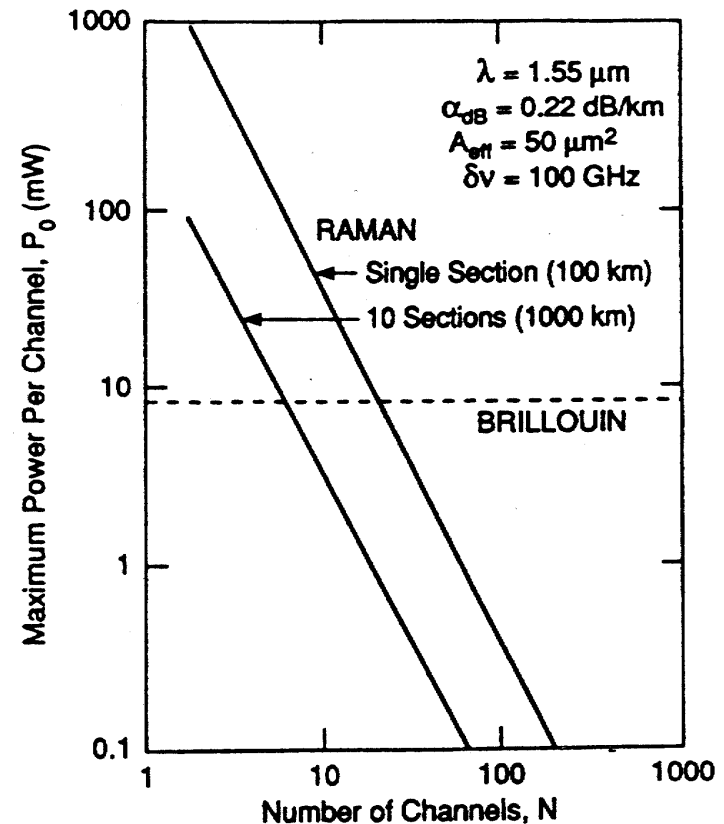


Fig. Power limitations due to SRS and SBS for a WDM system. Channel spacing $\delta\nu$ is assumed to be 100 GHz

2.3.3 Four-Wave Mixing

- Signals at three frequencies ω_i , ω_j and ω_k combine to produce signals which include a damaging signal at frequency

$$\omega_{ijk} = \omega_i + \omega_j - \omega_k, i \neq j, j \neq k$$

- This signal may interfere with one of the existing signals

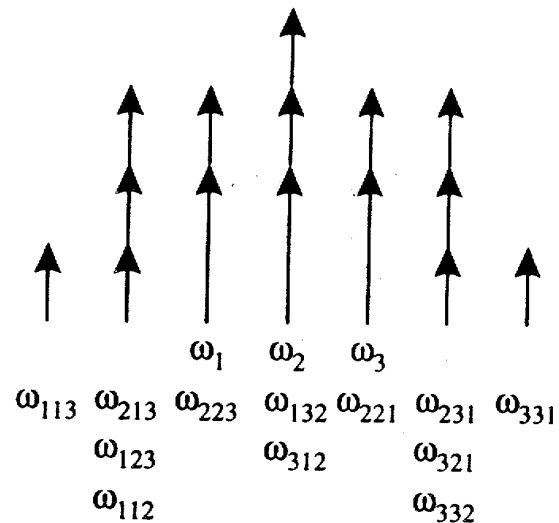


Fig. FWM terms caused by beating between ω_i , ω_j and ω_k

2.3.3 Four-Wave Mixing

- ❑ Unfortunately FWM efficiency is **enhanced** by the **lack of dispersion** and/or **narrow channel spacing**
 - ❑ This is more significant for WDM systems using DSF ($D \approx 0$ ps/nm-km)
 - ❑ Not a major problem with SMF ($D \approx 17$ ps/nm-km)
 - ❑ Necessitated the development of **non-zero dispersion shifted fibers** (NZDSF) that compensates for dispersion & avoids FWM (D between 1-6 ps/nm-km)

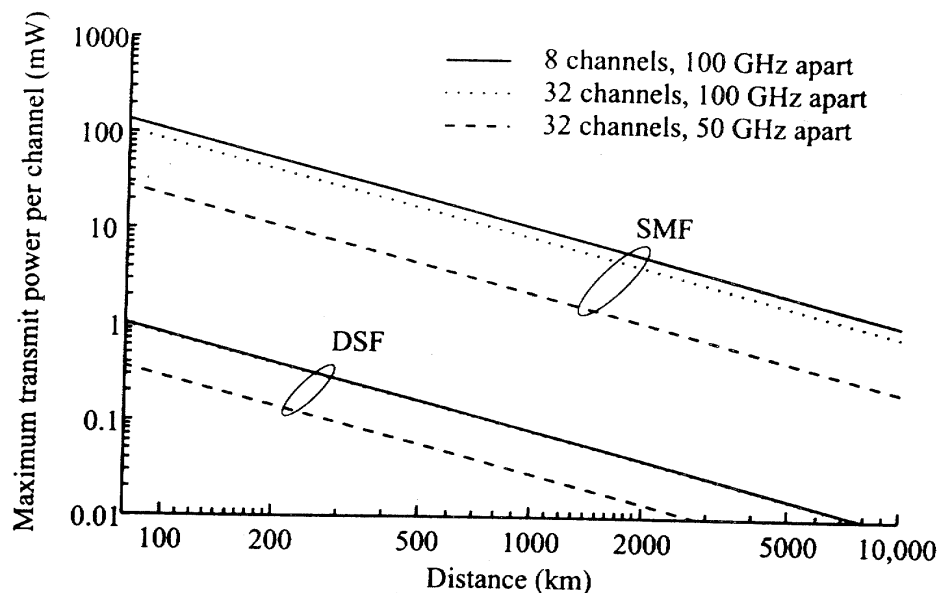
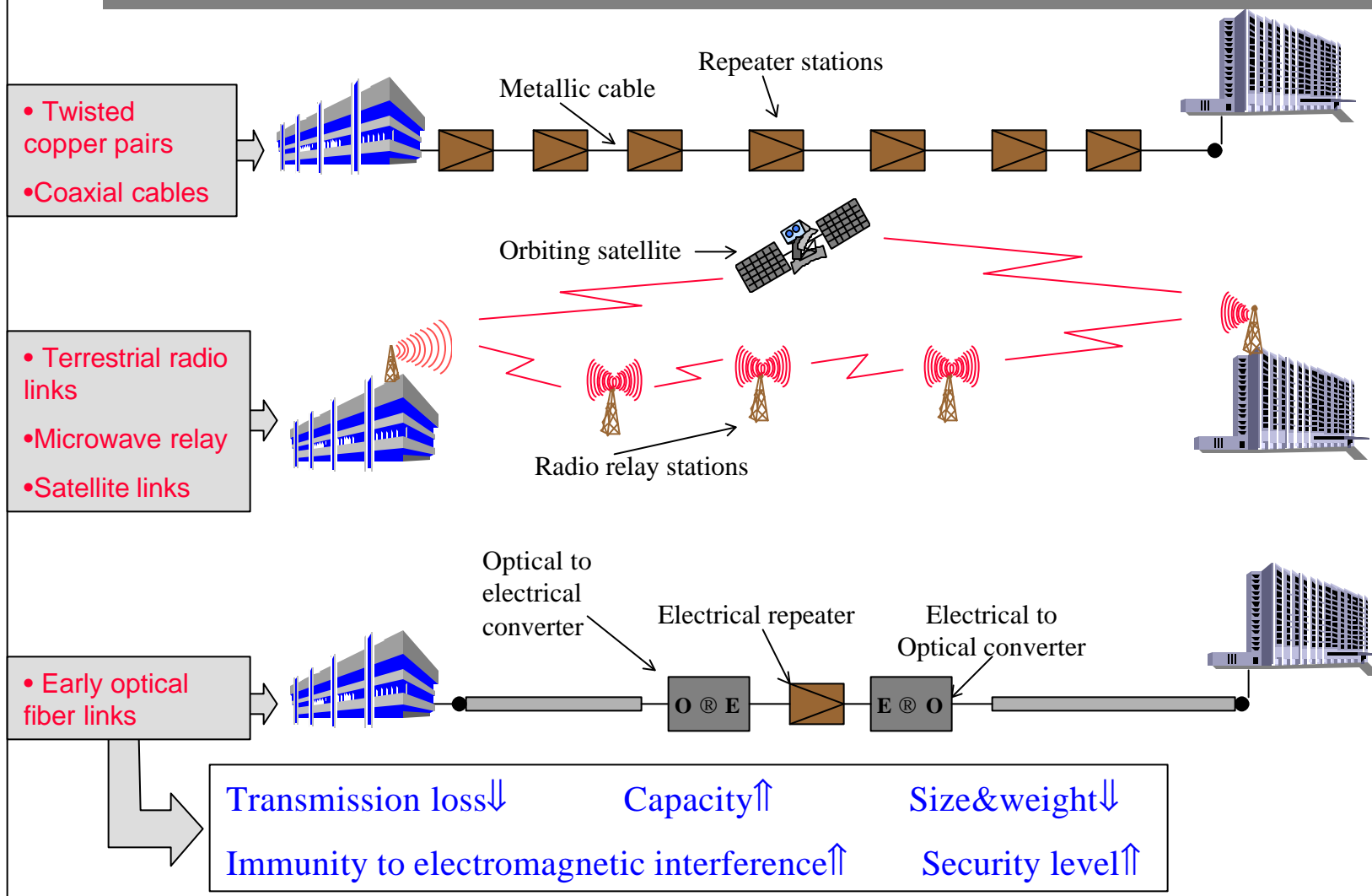


Fig. Limitation on the maximum power per channel due to FWM

2.3.4 Self- and Cross-phase Modulation

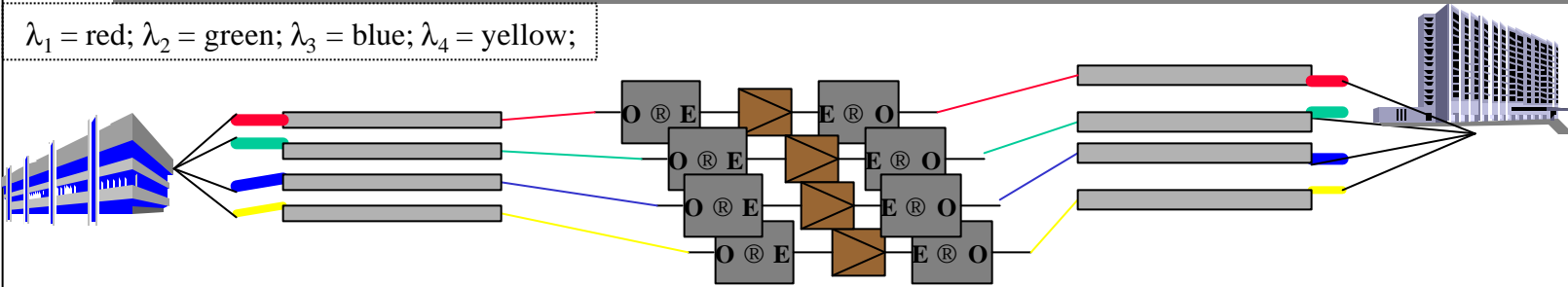
- ❑ Fluctuations in optical power causes changes in phase of the signal
 - ❑ leads to higher dispersion penalties
 - ❑ **Self phase modulation (SPM)**: converts power fluctuations in a propagating channel to phase fluctuations in the same wavelength channel
 - ❑ limits **maximum power** per channel
 - ❑ SPM only significant systems designed to operate at >10 Gb/s
 - ❑ **Cross phase modulation (XPM)**: converts power fluctuations in a propagating channel to phase fluctuations in co-propagating wavelength channels
 - ❑ limits the possible **reduction in channel spacing**
 - ❑ CPM considered for WDM systems with channel spacing < 20 GHz

3. Fiber-Optic Communications

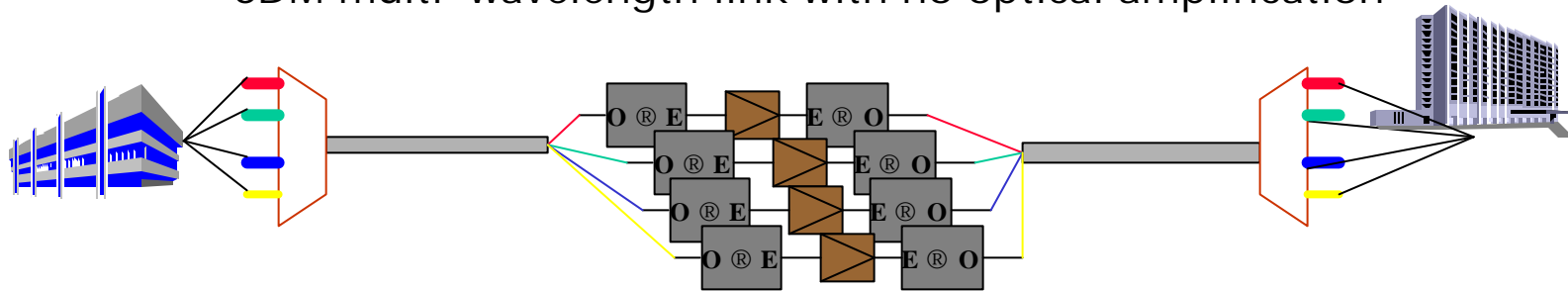


3.1 Fiber Links

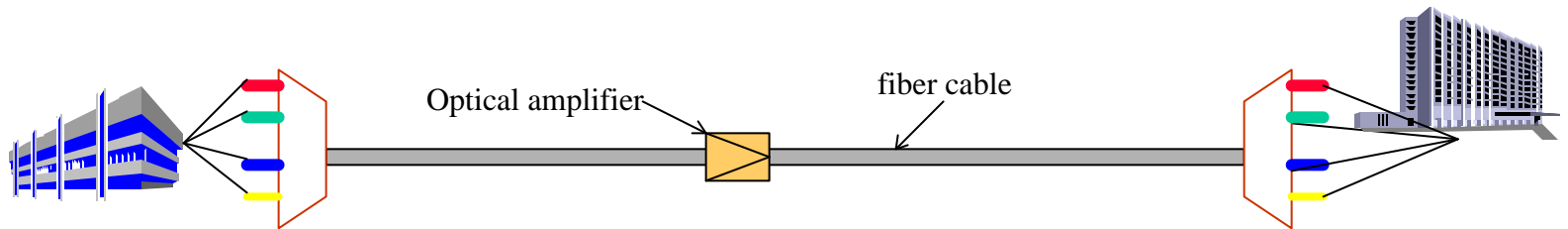
$\lambda_1 = \text{red}; \lambda_2 = \text{green}; \lambda_3 = \text{blue}; \lambda_4 = \text{yellow};$



SDM multi-wavelength link with no optical amplification



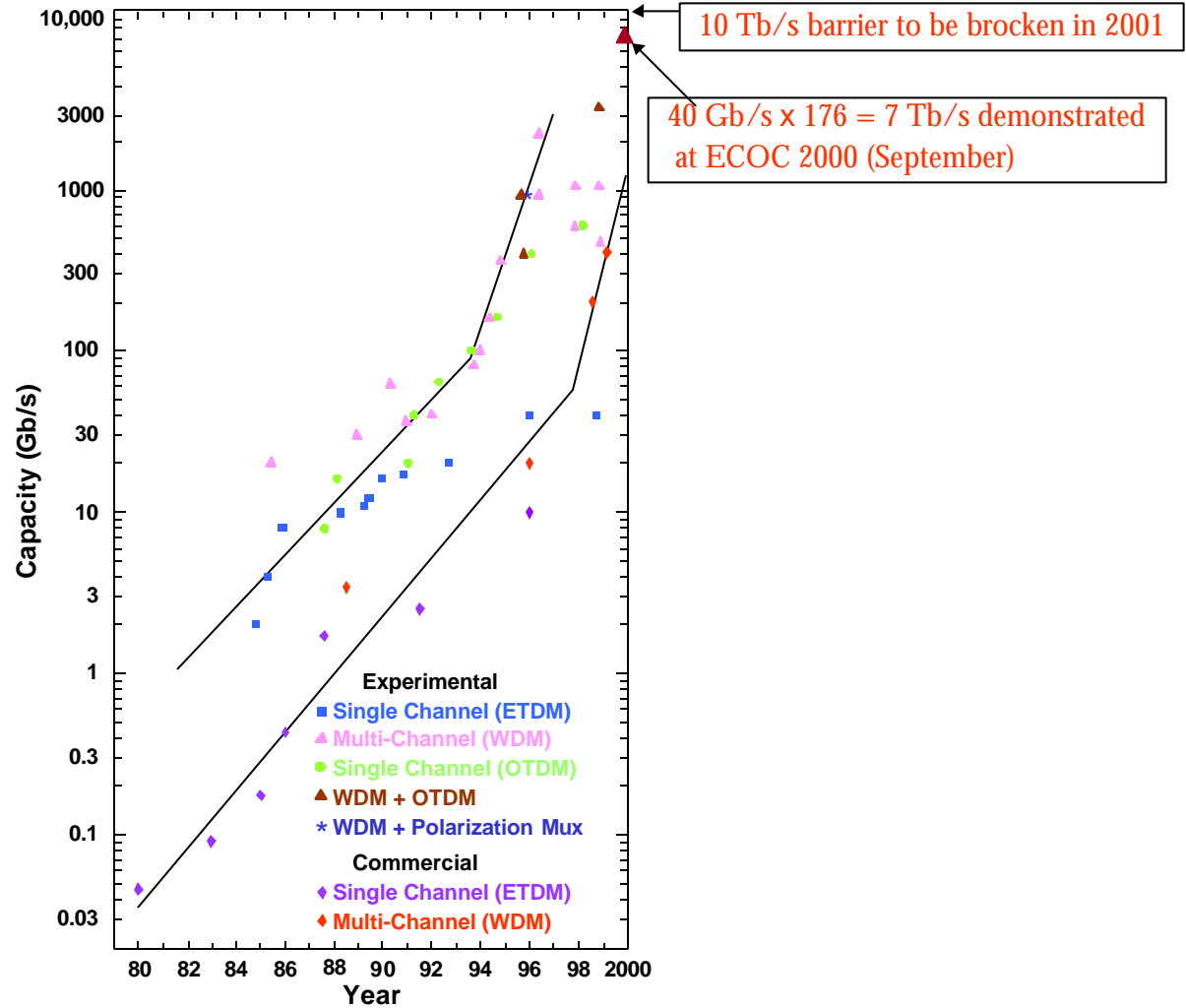
WDM fiber link with no optical amplification



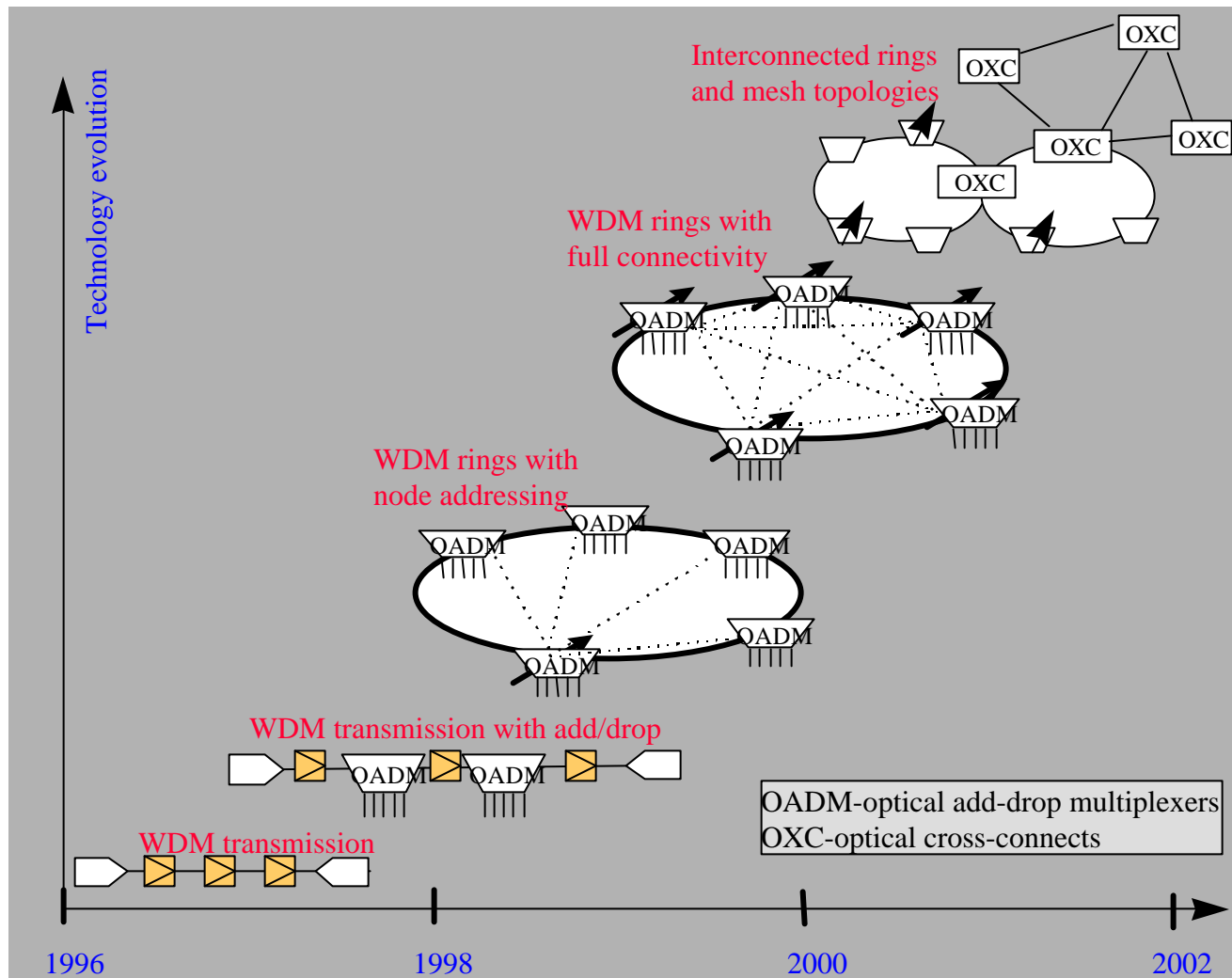
WDM fiber link with optical amplification

3.1 Fiber Links

Alternative or hybrid multiplexing schemes (OTDM, OCDM, OTDM-WDM)

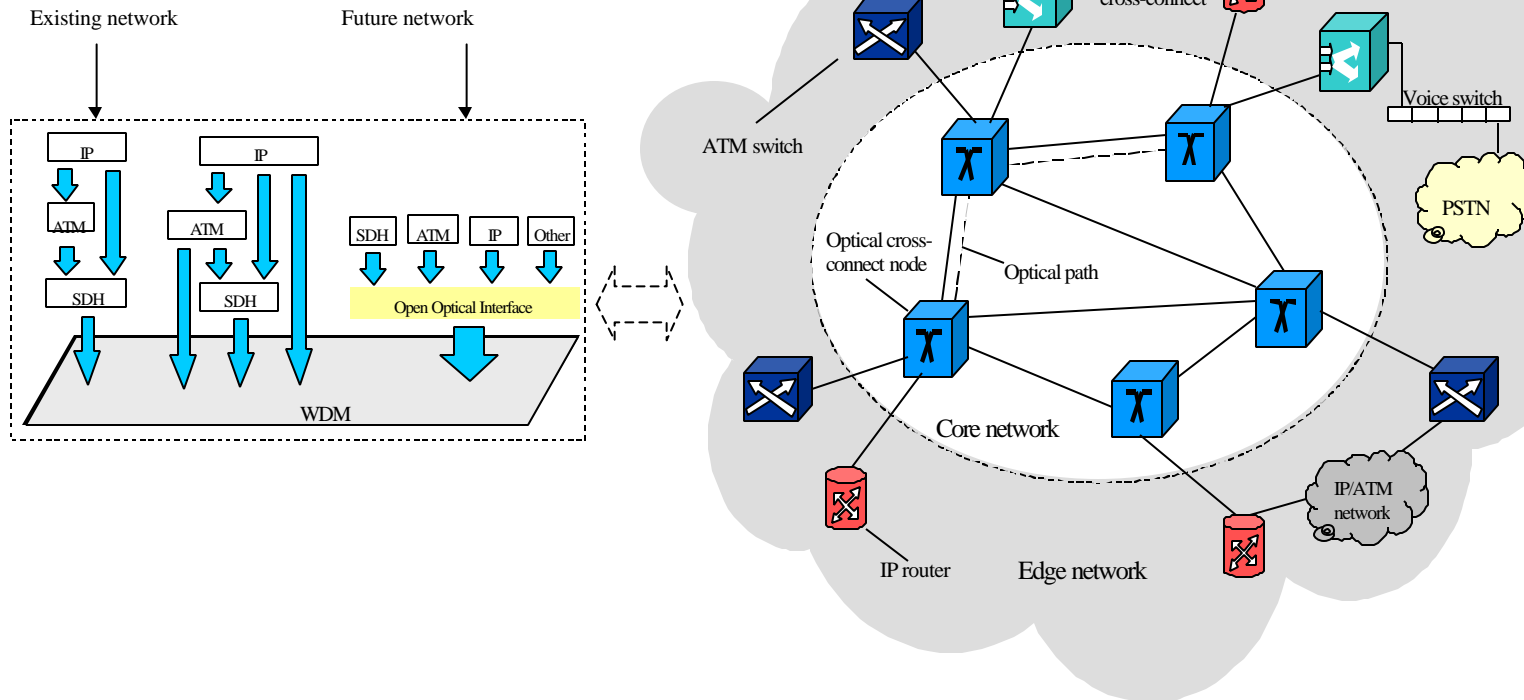


3.2 Transport Networks (MANs, WANs)



3.2 Transport Networks (MANs, WANs)

Everything over WDM



3.2 Transport Networks (MANs, WANs)

- ❑ Fibers are now deployed over various forms of the **existing infrastructure**
 - ❑ Now **non-IT companies** such as Power or Railway Companies own fiber plants
 - ❑ Leasing (or swapping) of **dark fiber** is a big business, extends coverage of new operators

Motorways



Aerial Power Cables



Waterways
(River Bottom)

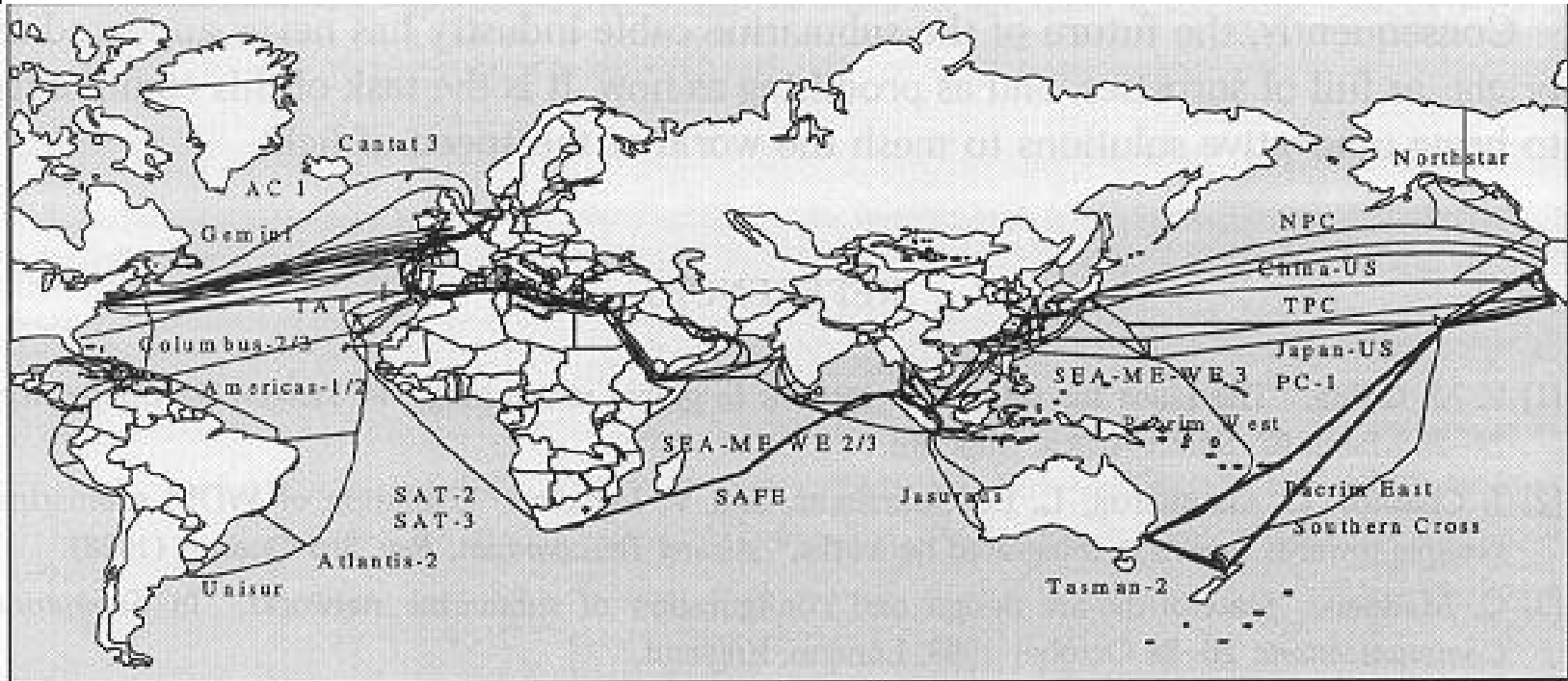


Railways & Metro Lines



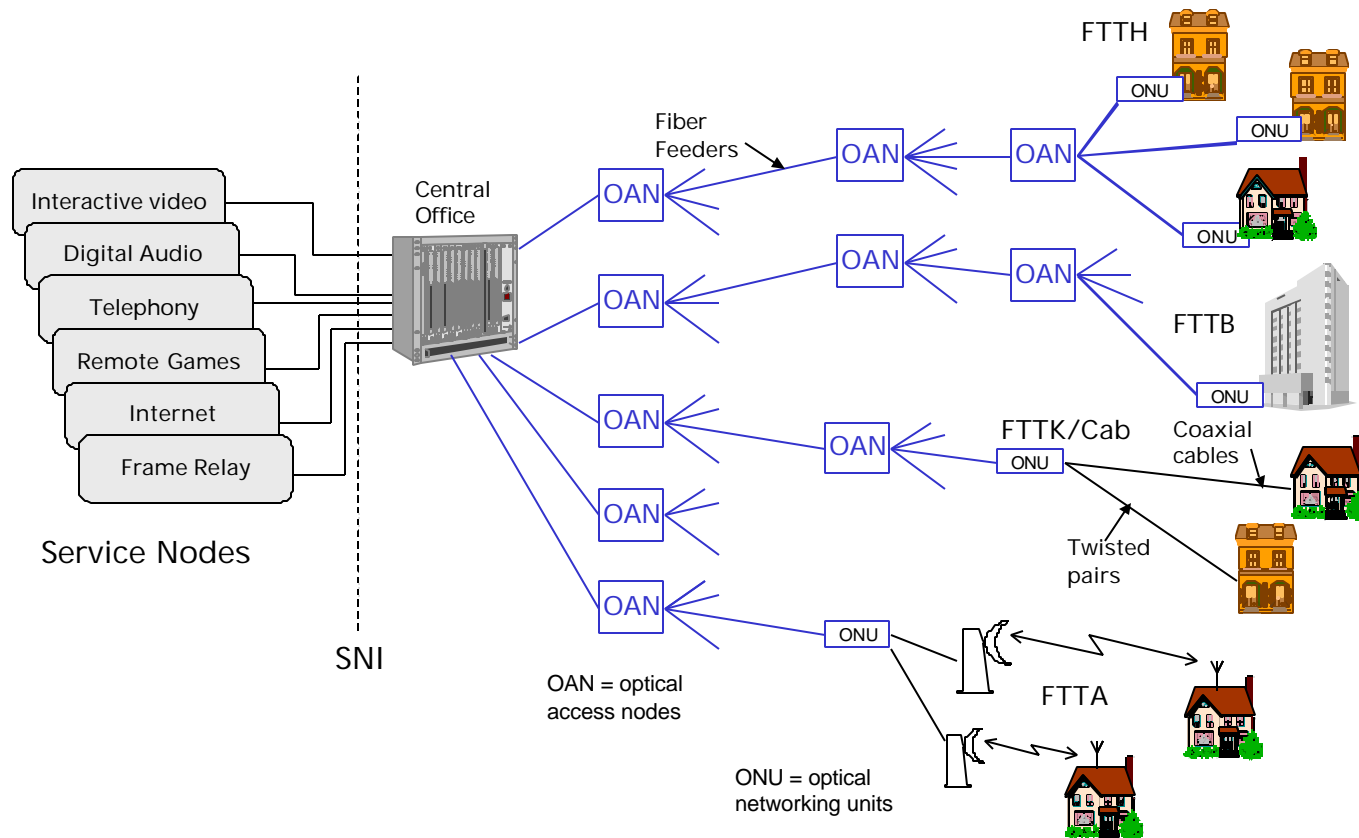
3.2 Transport Networks

- ❑ Submarine cables now carry much more inter-continental traffic than satellite systems
 - ❑ Trans-Atlantic Telephone 8 (TAT-8) is 1st fiber cable system, began operating 1988



3.3 Optical Access Networks

- ❑ Hub links with **optical network units** (ONUs) via optical access nodes (OANs)
 - ❑ For **passive optical networks** (PONs) \Rightarrow OANs are just passive splitters or combiners
 - ❑ Expensive to lay fibers to the home (about US\$ per home passed)
 - ❑ Use cheap alternatives like **plastic optical fibers** and techniques such as **air-blown fibers**

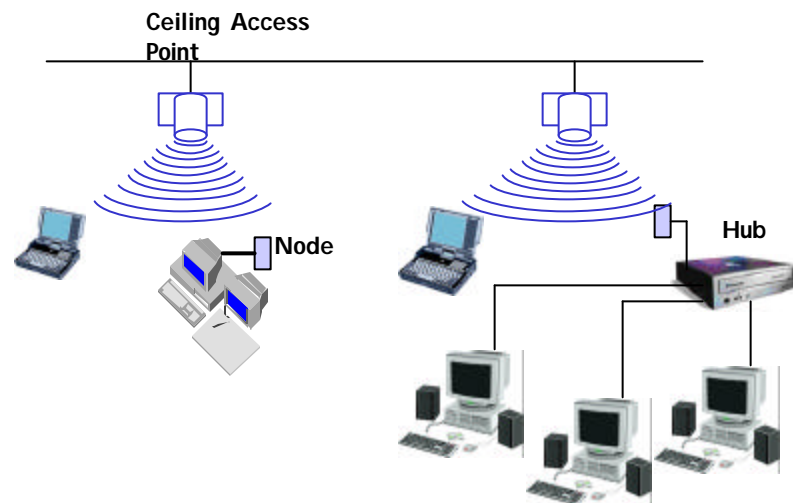
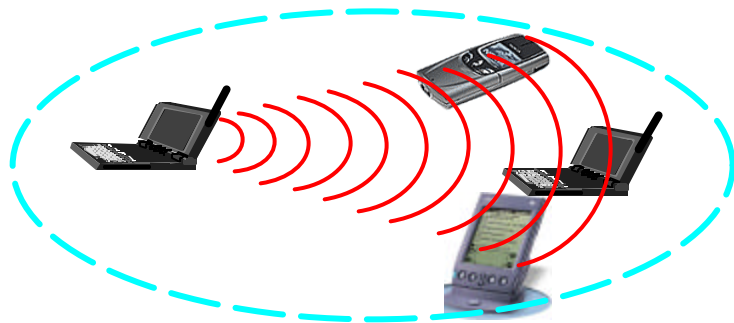


3.3 Optical Access Networks

- ❑ Future local area networks (company or campus networks) boosted by **Gigabit Ethernet**
 - ❑ Offers **1 Gbit/s** both ways
 - ❑ Uses the 802.3 **Ethernet Frame Format**
 - ❑ Uses **CSMA/CD** access method
 - ❑ Backward **compatible** with 10Base-T and 100Base-T technologies
- ❑ Following cables could be used for Gigabit Ethernet
 - ❑ Cat 5 unshielded twisted pairs (UTP) for about 100 m
 - ❑ Multimode fibers (50 μm) for links up to 550 m at 1300 nm
 - ❑ Singlemode fibers for 3 km at 1300 nm

3.4 Infrared Links

- ❑ So far main focus has been on development of **indoor systems** (coverage limited to a few meters)
 - ❑ Inter-connection of printers, laptops, PDAs (**point-and-shoot**)
 - ❑ Camera-monitor connectivity of CCTV applications,
 - ❑ Infrared wireless LAN applications (e.g. 10 Mb/s systems like VIPSLAN & iRLan)



3.4 Infrared Links

- ❑ Point-to-point outdoor systems for LAN interconnection
 - ❑ Example includes Jolt UWIN 4400 (155 Mbit/s)

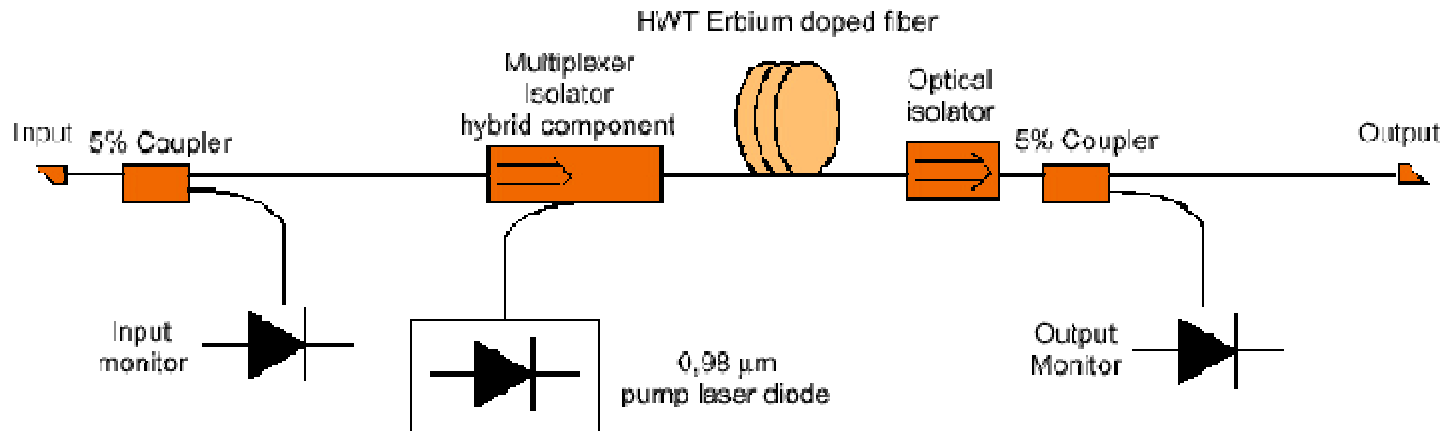
Link attenuation and the weather

	Attenuation (dB/km)	Maximum range in m of Jolt UWIN 4400 system
Clear weather	3	6000
Rain (30 mm/hr)	10	2500
Cloudburst (100 mm/hr)	17	1800
Moderate snow	17	1800
Blizzard	30	1100
Light fog	30	1100
Moderate fog	50	800
Thick fog	100	450
Clouds	300	200



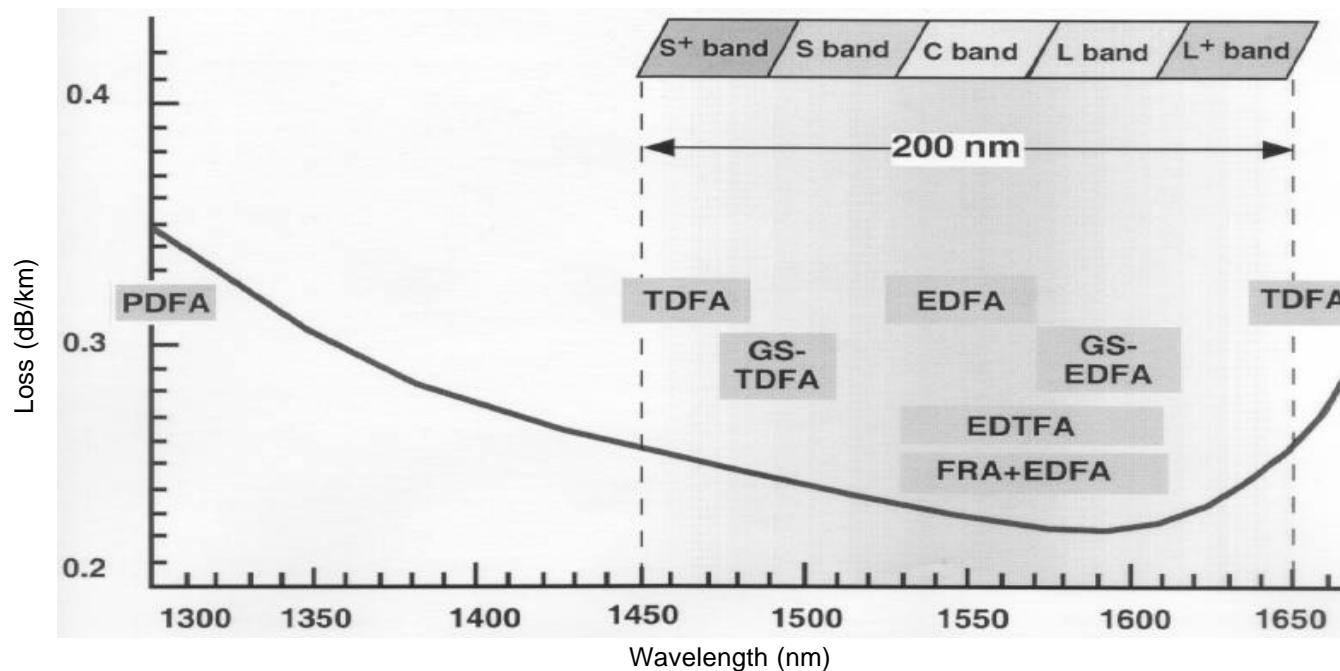
3.5 Specialty Fibers

- ❑ Fiber that perform **additional function(s)** apart from just acting as “light pipes”
 - ❑ Fiber devices made from fibers
- ❑ The erbium doped fiber amplifier (EDFA) is the most popular example
 - ❑ Amplifies WDM signals (G about 20 dB) in the 1530-1560 nm window



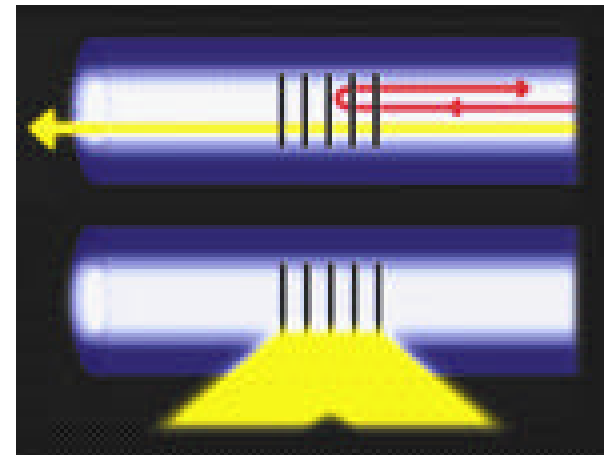
3.5 Specialty Fibers

- ❑ Altering the host (amplifying pece of fiber) or dopant materials results in opening of more transmission window
- ❑ **L-band** (1560-1620 nm) amplifiers to be commercially available very soon.



3.5 Specialty Fibers

- ❑ Fiber Bragg gratings (FBGs) another exciting development, used for
 - ❑ Optical filtering
 - ❑ Dispersion compensation
 - ❑ Flattening of EDFA gain spectrum
- ❑ FBG can also be tuned by varying the pattern (grating) period
 - ❑ Wavelength routing devices
 - ❑ Remote sensing



When the UV light passes through a phase mask, an interference pattern is produced creating a structural change in the core of the fiber resulting in a permanent and stable modification of its refractive index.

4. Conslusions

- ❑ Fibers were covered from the basic aspects
 - ❑ Design, fabrication and cable packaging
- ❑ The possible impairments on a signal carried by a fiber waveguide
 - ❑ Attenuated and dispersed
 - ❑ Fiber nonlinearities, especially if WDM transmission is used
- ❑ Use of fibers in optical communications systems
 - ❑ Usable at all levels of the network: residential, business, metropolitan, national
 - ❑ Several km of fibers laid every minute!
 - ❑ Major role to play in all forms of communications

